

Volunteering

BCWA's volunteers are a valuable part of the organisation, as they are crucial in the delivery of services for domestic abuse survivors.

Volunteering opportunities are available across a wide range of services delivered by BCWA. If you want to find out more please get in contact and email us your CV and cover letter.

Get involved

There are many ways you can support survivors of domestic abuse in your local community.

Individual donors, local groups, clubs, businesses, small trusts and foundations can hold fundraising events, donate or make grants. Visit our website or get in contact with our fundraising team at info@bcwa.org.uk.



Referrals

- **Telephone: 020 8313 9303**
- **Email: info@bcwa.org.uk**
- **Website: www.bcwa.org.uk/referral-forms**

What is domestic abuse?

Women's Aid Federation of England defines domestic abuse "as an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in the majority of cases by a partner or ex-partner, but also by a family member or carer".

Domestic abuse can include, but is not limited to, the following:

- **Coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)**
- **Psychological and/or emotional abuse**
- **Physical abuse**
- **Sexual abuse**
- **Financial abuse**
- **Harassment**
- **Stalking**
- **Online or digital abuse**

BCWA are committed to ending domestic abuse in all its forms, which include:

- **Intimate partner abuse**
- **Family member abuse**
- **So-called honour based violence (HBV)**
- **Forced marriage**
- **Female Genital Mutilation (FGM)**

Useful contacts

1. **One Stop Shop** – Every Thursday 1.30-4pm, Community House, South Street, BR1 1RH
2. **National DV Helpline** – **0808 200 0247** – for 24/7 advice on domestic abuse
3. **Family Justice Centre** – **020 8688 0100** – domestic abuse services in Croydon
4. **National Centre for Domestic Violence** – **0844 804 4999** – for free, fast emergency injunction service
5. **National LGBT Domestic Abuse Helpline** – **0800 999 5428**
6. **Mankind Initiative** – **01823 334 244** – helpline for male victims of domestic abuse
7. **DVIP** – **020 7633 9181** – group programmes for perpetrators of domestic abuse in Bromley
8. **Rights of Women** – **020 7608 1137** – helping women through the law
9. **Respect** – **0808 802 4040** – Helpline for domestic abuse perpetrators
10. **The Hide Out** – <http://thehideout.org.uk> – to help children and young people understand domestic abuse
11. **Shelter** – **0808 164 4660** – if you don't have anywhere to sleep

IF IN DANGER, ALWAYS RING 999

Bromley & Croydon Women's Aid

Working to end domestic abuse

- Refuge
- Support
- Prevention

020 8313 9303

www.bcwa.org.uk



Bromley & Croydon Women's Aid

Working to end domestic abuse

Bromley & Croydon Women's Aid
PO Box 71159
London
SE20 9BW

020 8313 9303
info@bcwa.org.uk

Company Number: **3320296**
Charity Number: **1068007**

Who we are

BCWA have worked since 1975 to end domestic abuse in the local community, by providing refuge, outreach support and prevention services.

The organisation focuses on maintaining the independence, confidence and self-esteem of anyone they help and support.

Refuge

Refuge Services

We provide safe accommodation for women and their children (boys under the age of 12) who are experiencing domestic abuse or who are at risk of abuse. Refuge services include safe accommodation, individualised support plans, resettlement assistance and child services.

Safebeds

We offer a temporary accommodation service to women with no recourse to public funds who are fleeing domestic abuse, are supported by social services and are funded by the local authority. A specialist support officer offers bespoke support to women with no recourse to public funds in this refuge.

Child Support

Children in refuge are supported by dedicated Child Support Officers who manage the playrooms and arrange activities for the families such as trips, outings, after school clubs and play sessions, as well as one to one sessions with children.



Support

BCWA offers a range of services for those experiencing domestic abuse in the community who require information, guidance and support to increase safety.

IDSVA Service

Independent Domestic & Sexual Violence Advocates (IDSVA) work with high-risk victims of domestic abuse in Bromley to address the safety of the client and their children, assessing the client's needs and risk level.

They discuss options with clients, deliver a range of interventions as well as provide emotional and practical support, including advocacy through the criminal and civil court process. Clients residing in **Croydon** can contact the **Family Justice Centre** on **020 8688 0100** for the same service.

Helpline & Outreach Services

We offer telephone support to those in the community who want to know more about their options. BCWA's Outreach team provides emotional support and practical advice to individuals who are experiencing or have experienced domestic abuse and would like a non-judgmental listening ear.

One Stop Shop (OSS)

We co-ordinate a domestic abuse one stop shop in Bromley, a free drop in service for anyone suffering domestic abuse. The OSS provides access to holistic multi-agency support from BCWA, Bromley Housing Options, local solicitors and the police.

The OSS takes place every Thursday between 1.30 and 4pm at **Community House, South Street, Relate Office, Bromley BR1 1RH**.

Support Groups

We run support groups for female survivors of domestic abuse in Bromley. The group provides the opportunity for women to understand their experiences and the impact domestic abuse has had on their lives, and helps women recognise the signs of unhealthy relationships.

The groups are run in 12 weekly sessions. The service is free and limited crèche spaces are available. Groups usually start in January, April and September.

Young People's Outreach Services

We provide specialist one-to-one support for young women aged 13-20 who have been affected by domestic abuse. The nature of the support varies depending on the needs of each young person.

We also facilitate a peer support programme for young women and girls who have experienced domestic abuse, or who are vulnerable to entering abusive relationships.

Perpetrator Programme

Partner organisation DVIP provides group work intervention for Bromley residents who use violence in their intimate partnerships.

If you are worried about your behaviour or if you are a professional who wants to refer a client please email vpp@dvip.org.cjsm.net or call **020 7633 9181**.

Prevention

Training & Awareness

We provide training to front-line professionals in Bromley & Croydon, aimed at identifying signs of abuse, its impact on victims and their children, and how to respond to domestic abuse disclosures.

We also provide more informal talks to local community groups, clubs, churches voluntary organisations and local businesses.

School programmes

We deliver awareness sessions for children and young people in primary and secondary schools on healthy relationships in a fun and interactive way.

We also offer group work for children who have experienced domestic abuse at home. BCWA's facilitators help children to talk through their experiences, their feelings and how to keep safe.

