

IDSVA Service

BCWA offers support to high-risk survivors of domestic violence and abuse.

The Independent Domestic and Sexual Violence Advisors (IDSVAs) address the safety of the client and any children, assessing the client's needs and risk level.

They discuss options with clients and deliver a range of interventions as well as develop safety plans, and support clients through civil or criminal courts.

Our Young Person's IDSVA supports women between the ages of 16-25.



The Facts

- 16-24 year olds are the age group most likely to experience domestic abuse of any age group.
Crime Survey for England and Wales, 2015
- Nearly 75% of young women (aged 13-17) have experienced some form of emotional abuse from their partner.
Gov.uk teen abuse, 2015
- 31% of girls (aged 13-17) have reported some form of sexual abuse within their relationships.
NSPCC, 2009
- Young people who have experienced domestic abuse are less likely to speak up about it.
Ava Project, 2016
- 49% of boys and 33% of girls aged 13-14 thought that hitting a partner would be 'okay' in certain scenarios.
Boys to Men Project, 2013



Young People's Support Services





Work in Schools

BCWA deliver a bespoke package of assemblies and workshops in schools, colleges and other youth settings. The aim of our workshops is to raise awareness of teenage intimate relationship abuse and highlight some of the warning signs young people can look out for.

We also facilitate peer support programmes in youth settings. Over the course of six weekly sessions, participants explore topics such as: healthy and unhealthy relationships, consent, digital abuse, gender roles, body image and self-esteem. We use a combination of film, drama games and engaging activities in order to make the experience as fun as possible for all young people involved.

Support Groups

BCWA facilitate a peer support programme for young women (aged 16-25) who have experienced domestic abuse.

The group runs over the course of six weeks and covers topics such as healthy and unhealthy relationships, the impacts of domestic abuse and strategies for managing difficult emotions effectively. The aim of the group is to raise awareness amongst young women of some of the warning signs to look out for in future relationships, whilst also providing a safe space in which they can discuss some of their own previous experiences.

"I feel more confident in myself and my strength because of this group. I felt able to share and know that I am supported"



One to One Support

BCWA provide specialist 1:1 support for young women (aged 13-20) who have been impacted by domestic abuse. We can support a young person over the telephone or meet with them privately in a safe location to offer confidential advice on a range of practical and emotional issues.

The nature of the support we provide varies depending upon the particular needs of each client we work with. We can advocate on behalf of a young person, support her to attend appointments, or simply provide a listening, non-judgemental ear.

BCWA support young women to rebuild self-esteem, helping them to recognise that the abuse is not their fault and that there is help available if they wish to access it.

Contact Us

Bromley and Croydon Women's Aid
PO BOX 71159
London. SE20 9BW

02083139303
info@bcwa.org.uk

<http://www.bcwa.org.uk/>