

BCWA Emergency Food Stock Needed June 2022

Coffee

Couscous

Breakfast cereals

crackers

Cooking oil

Tomato ketchup

BABYFOODS: milk powder, baby cereals, baby meals in jars

Tinned potatoes/carrots/sweetcorn

Tinned fruit/ desserts

Fish- sardines, tuna, salmon

Meat- meatballs, mince, stewed or corned beef etc

Jams/spreads/honey

Sugar

Jars of cook- in sauces (eg curry, tomato based)

Preferably not packet soups or powdered sauce mixes

We cannot accept fresh produce eg fruit/veg/milk or bread

- Viv Barker Donation Coordinator